



Jorgen Gullestrup

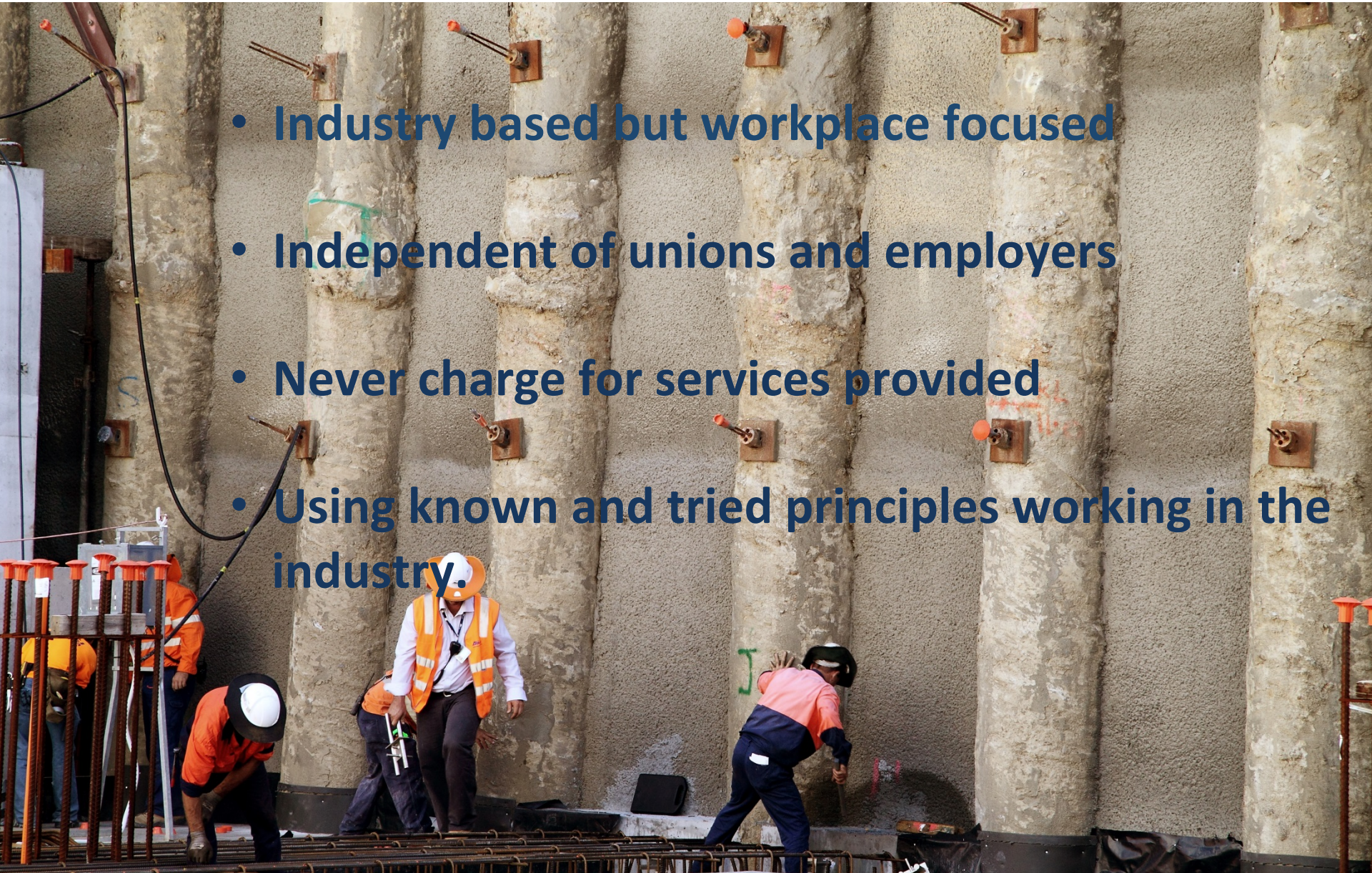
MATES in Construction



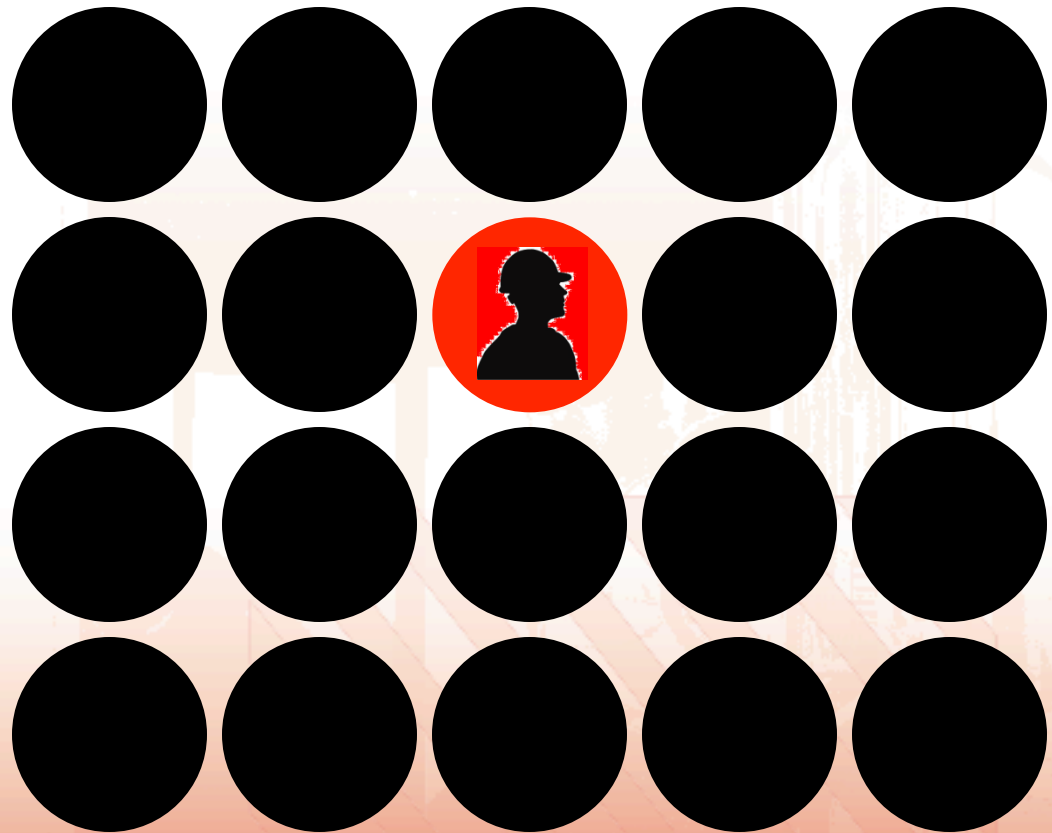
- We all knew there was a problem
- 1 in 5 BERT payouts was from suicide
- AISRAP found significantly elevated suicide rates generally
- Young workers (15-24 years) had suicide rates 2.38 times the national average for men



- Industry based but workplace focused
- Independent of unions and employers
- Never charge for services provided
- Using known and tried principles working in the industry.



The MIC model



1. Suicide is a preventable problem – everyone has a role to play
2. Tip over points
3. What does it look like when a mate “tip over”?
4. How to connect up to help



The MIC model



1. A connectors role
2. Self-care and boundaries
3. SafeTALK
4. What happens when you connect someone to help



The MIC model



1. Suicide First Aid
2. Self-care and boundaries
3. Livingworks / Lifeline



The MIC model



ASSIST



PRADELLA
Since 1959
built



THIS IS A
MATES in construction
SITE

Constructing a Healthier Industry

000 Ozhelp
932 9452

A project funded by
the BERT Welfare Fund



A7
13 1



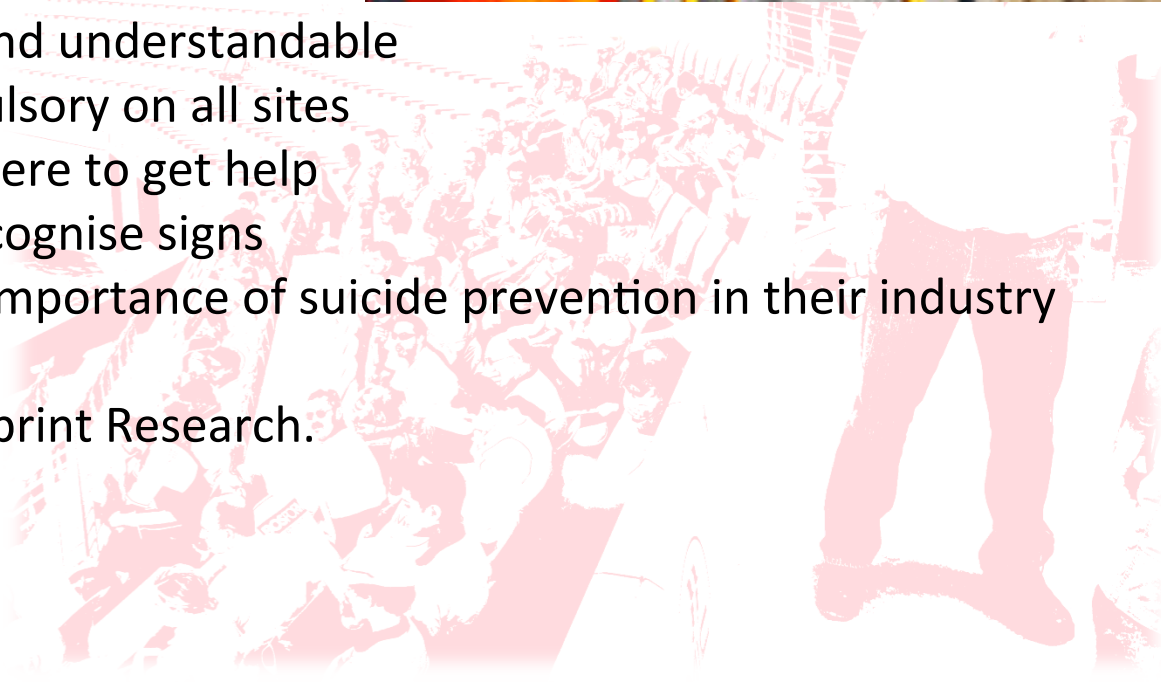
SURVEY OF 11 MIC ACCREDITED SITES



300 workers on 11 MIC Accredited sites

- 91% Aware of the key functions of MIC
- 95% had learned something new
- 95% found MIC workers approachable
- 97% found message clear and understandable
- 91% felt it should be compulsory on all sites
- 95% felt they now knew where to get help
- 92% felt they could now recognise signs
- 94% said they realised the importance of suicide prevention in their industry

* Independent survey by Footprint Research.



ASSIST WORKER INTERVIEWS



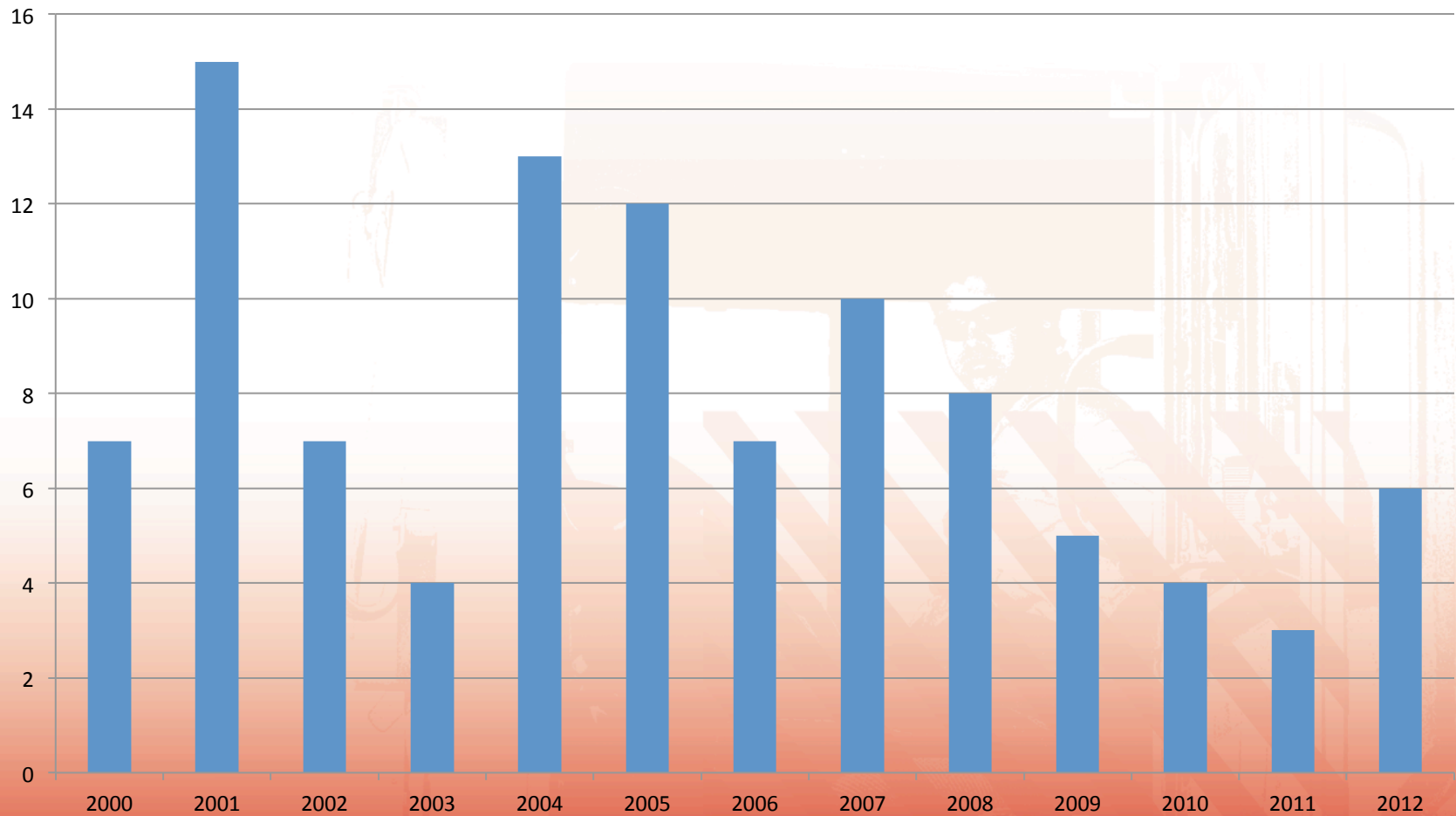
69 ASSIST workers were interviewed

- 71% found the role highly compatible with their work
- 82% Found their workplace highly supportive of their role
- 96% Would recommend the program to future employers
- 59% had used their ASIST skills since doing the training
- 68 ASSIST workers had combined done 231 interventions
- 67 in the past three months
- 208 had by a person in need that they were contemplating suicide
- Other ASSIST workers, Supervisors, Field Officers, Colleagues and the 1300 MIC 111 number were mentioned as useful resources
- 62% found ASIST useful outside work
- 77% would be prepared to leave site to go to another site to support a Connector if required

* Conducted by Awareness Australia for MATES in Construction via phone.



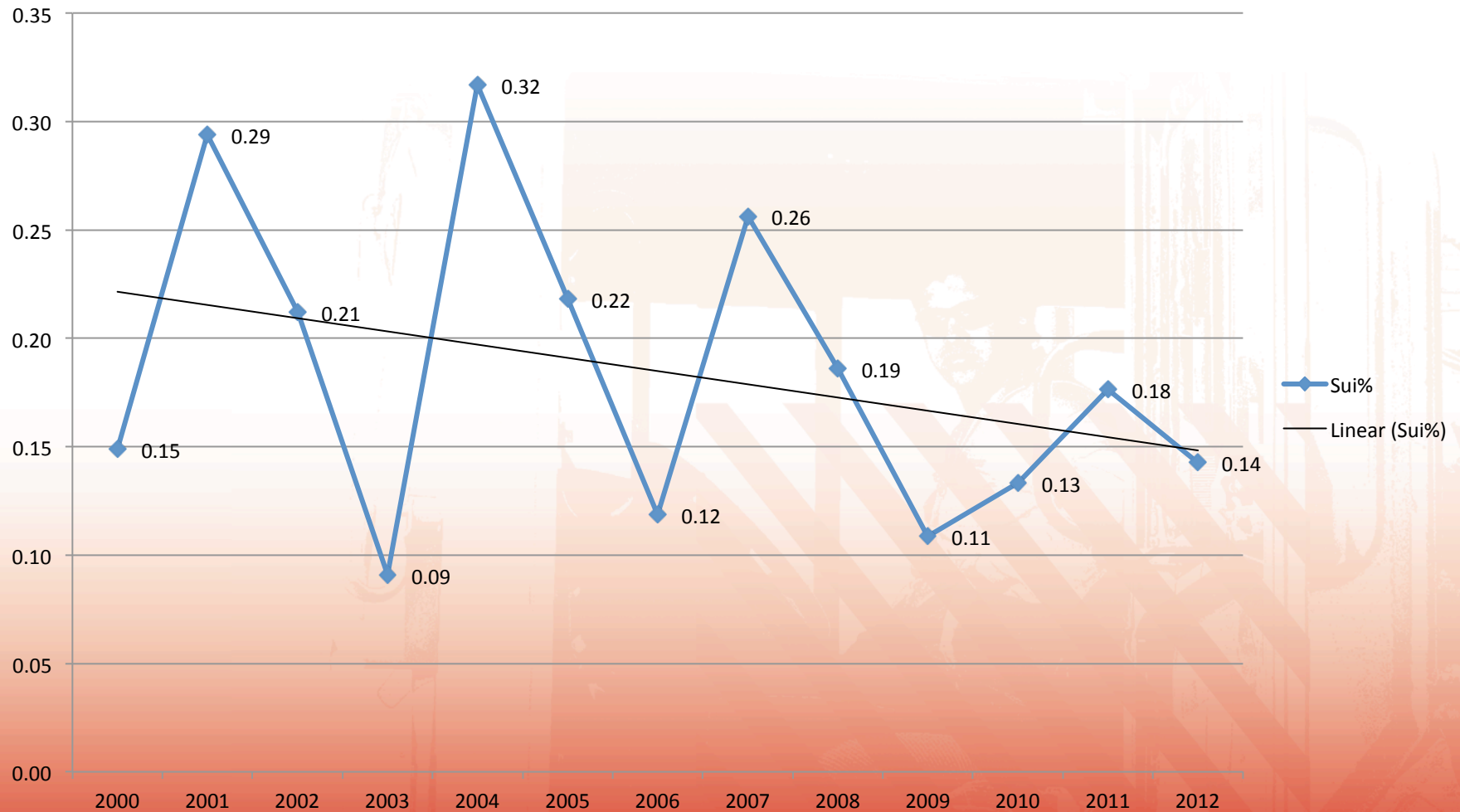
suicide



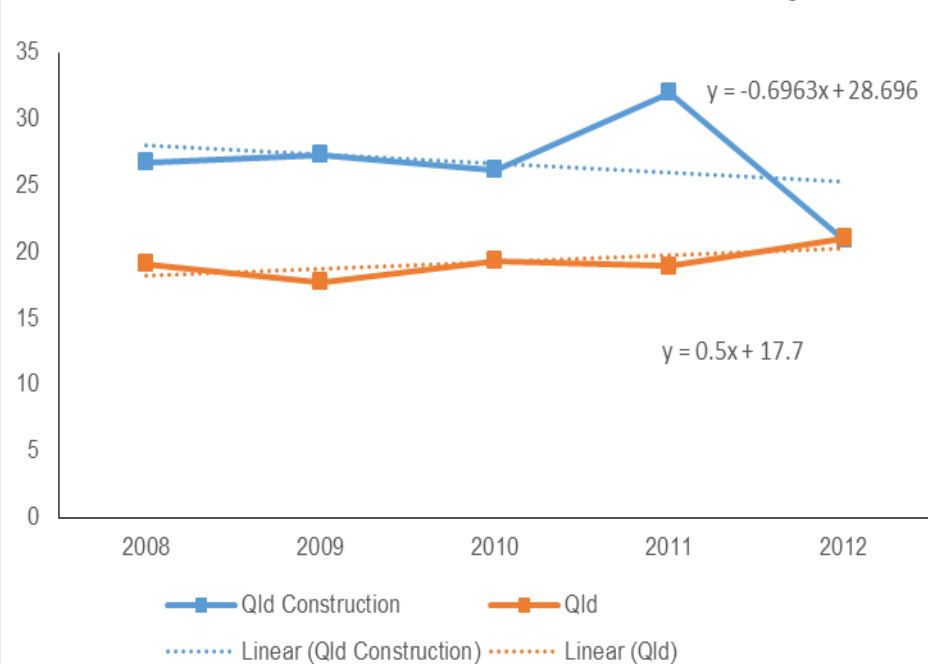
PROPORTION OF DEATH PAYOUTS



Sui%



Qld Male Suicides - Construction Industry State



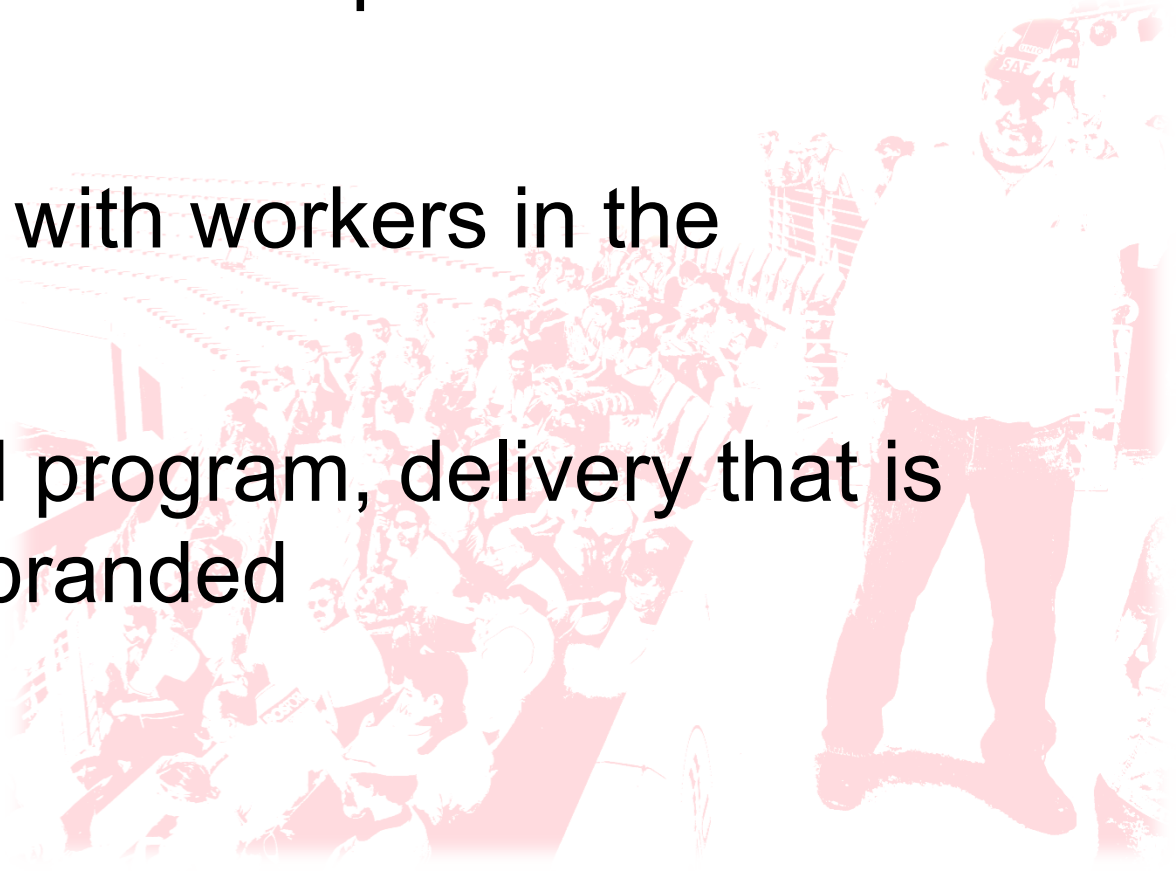
NSW Male Suicides - Construction Industry State



*Professor Graham Martin, Dr Sarah Swannell, Dr Allison Millner, Dr Rod Ling & Professor Chris Doran “A Five Year Outcome Study of a Suicide Prevention Program in the Queensland Construction Industry”

MATES in MINING????

- Industry delivered – representative - bipartisan
- Engagement with workers in the workplace
- Standardised program, delivery that is consistently branded



Questions?



FURTHER INFORMATION OR ASSISTANCE



Helpline (24/7):

1300 MIC 111

1300 642 111

Offices:

Qld: (07) 3833 1140

WA: (08) 9463 6664

NSW: (02) 8586 3575

SA: (08) 8373 0122

www.matesinconstruction.org.au